



September 2010

**All lunches include a Main Entrée, choice of beverage, one side and one dessert, OR two sides and NO dessert.**

Mon	Tue	Wed	Thu	Fri
		<b>1</b>	<b>2</b>	<b>3</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<b>27</b>	<b>28</b> French Toast Dip- pers Sausage Ital. Wedding Soup	<b>29</b> Mac & Cheese Steamed Broccoli Chik Noodle Soup	<b>30</b> Chicken Quesadilla Mexican Rice Enchilada Soup	

**Optional Main Entrees**

1. Soup (8 oz.), Salad, & Roll
2. PBJ Sandwich
3. Bagel & Cream Cheese

**Optional Sides:**

(availability will vary)

Grapes	Apple Slices	Side Salad
Diced Peaches	Yogurt	Apple-sauce
Cubed Pineapple	String Cheese	4 oz. Side Soup
Mixed Melon Fruit	Apple-sauce	Pickle (whole)

**Optional Desserts:**

(availability WILL vary)

Ice Cream	Chips	Animal Crackers
Popcorn	Rice Krispy Treats	Goldfish
Fruit Roll Up	Slice Cake	Once a month

**Choice of Beverage:**

- Orange Juice
- Water
- 2% White Milk
- Fruit Drink
- 2 % Chocolate Milk